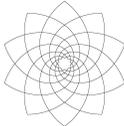
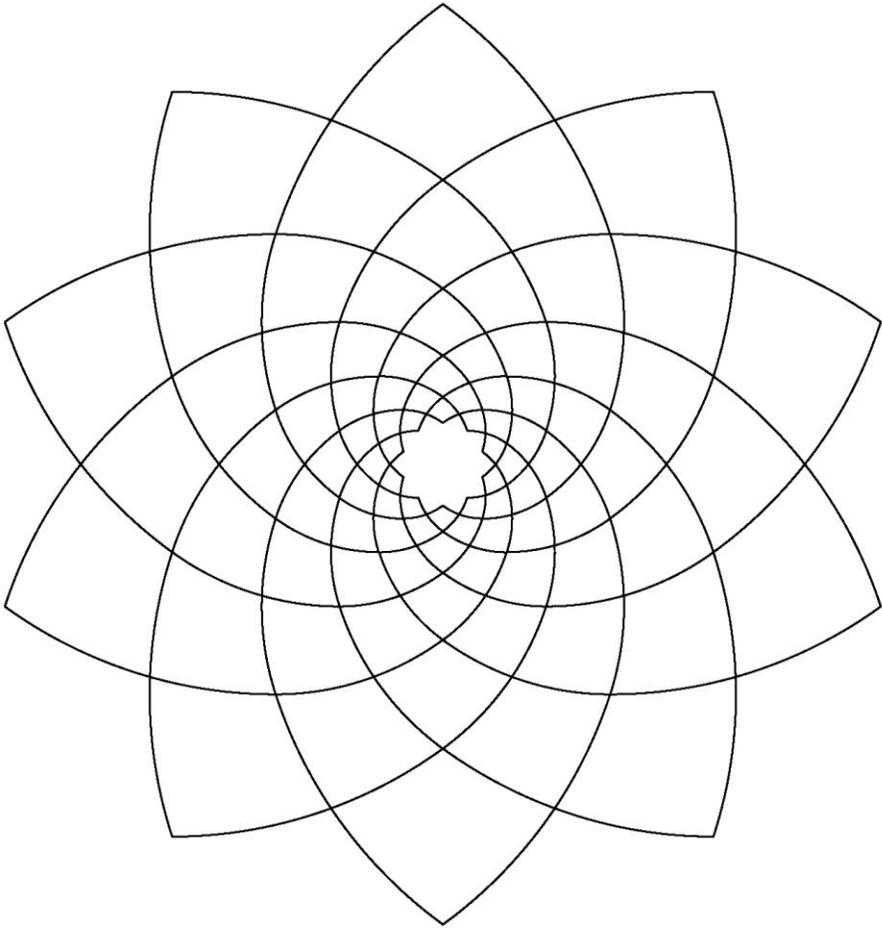


MICHAEL RICE ARCHITECT

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## **How to be a Sacred Architect**

### Prerequisites:

An understanding of the true meaning of the words 'sacred', 'sustainable', 'bliss' and 'life force'.

An ability to not take yourself too seriously.

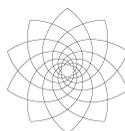
An ability to bring your awareness and mindfulness into the moment.

An ability to nurture silence and focus

An sensitivity to 'feel' information.

An ability to stand back and let go of thoughts, feelings and perceptions, and to be free from judgement of everything that presents itself to you.

### Setting the Scene:



Be aware of the little things around you, and especially those moments and events that catch your attention.

For instance, just as I began typing this I noticed a little spider crawling on my left hand. I had been wondering how to structure this piece, and seeing the spider reminded how effortlessly the spider weaves its web, spanning and filling without thought or distraction.

First Contact:

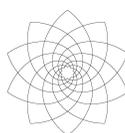
When the call comes from a potential client, be aware of how you feeling before, during and just after the call. Make note internally of any images, thoughts or senses that may emerge. Do not judge or seek to interpret these reactions, just note them in context.

Trust the feelings that come up, but do not identify with them, as that limits and defines who you think you are.

Be aware that the least reason you and these people are engaging together is to design and build a space. All communion and intercourse offer a unique opportunity to expand the inclusiveness of your awareness of self.

First Meeting:

When you meet the potential clients, try to think of them in as pure a way as possible. Seek not to judge them or their appearance as presented. Again be aware of how your body feels and any thoughts or images that again may emerge.



It is important to hold a feeling of welcome and mindfulness, and allow the conversation to flow naturally.

As there is an infinity of factors affecting every moment of time and space, it is important to recognise that it is quite difficult to be consciously aware of every aspect of the clients perceptions and desires, not to mention the personality and memory of their particular site.

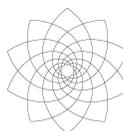
As such, it is truly of limited use to rely on a detailed brief at an early stage. This is comparable to a transpersonal psychologist listening to the words of a client, but giving no energy or credibility to the 'story' being presented. In effect merely witnessing and holding the space for expression.

This may seem disrespectful, but in fact it is the very opposite, for it opens up a doorway into reaching a more accurate representation of what it is they actually came to you for in the first place.

It is important to realise that there is no such thing as a coincidence, there are no mistakes, everything is unfolding with absolute perfection. You are only responsible to the level of awareness that you currently hold. Each moment is another blessed opportunity to raise that awareness by letting go of any unsharable or sustainable thoughts, feelings or perceptions.

Our unconscious minds are generally more aware of our unique path and destiny than our conscious minds. As such a useful tool is to invite the clients, if it feels appropriate, to relax comfortably, take a few deep breaths, and allow an image or sense to immerse into conscious awareness. It is important again not to judge or attempt to 'package' this image or sense, but to let it 'sit' there for perusal.

Give yourself the same opportunity, and again allow an image to manifest. This is not a test, there is no 'right' or 'wrong' answer. Just sit with what comes up, if anything, and note it for later.



Quite often this image and its geometric derivatives may serve to form the basis of the eventual building matrix.

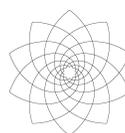
It takes about 45 minutes or so of physically being with someone before your energy fields reach a balance point. There is an vast amount of energy exchange taking place in many dimensions.

Traditionally, we would spend this time with standard greetings, pleasantries and introductions. But it serves again as a vital time to connect at a deeper level.

Assuming you have 'survived' up to this point without being burnt at the stake, or reported to the local police, the time presents where I would normally offer to draw up a sketch based on whatever information that 'downloaded' during our meeting and during future consideration and engagement. The arrangement that works well for me is that if they like what they see, we can talk more about fees etc. If they have a 'negative' reaction, or if they like the design, but are unsure of working with you, offer them the design as it stands to date. It is appropriate to ask for remuneration for time spent if that feels right.

It is again vital to manifest a feeling of non-attachment to the outcome of any stage of the process. This applies to every aspect, from the opinion of the clients about you or your approach, their reaction to the subsequent designs, and even the attachment to being paid. In truth, we have no real idea of the exchange parameters and reasons for meeting, and to limit it to a merely financial transaction is not always helpful.

Please note that this does not require you to be abused by people, but rather to release attachment to the various outcomes.



## Visiting the Site:

When you leave to go and meet the clients on site, again be aware of your experiences / feelings as you leave, approach and arrive at the place. Most places have a huge memory store of information held, connected and locked into the very fabric of the space. Much of this information can be dowsed or divined using a dowsing rod / pendulum etc.

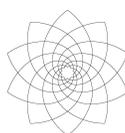
However, it is imperative that you dispense with these tools as soon as possible in order to develop a natural sensitivity to 'feel' the energy on and around the site. Using your body and your feelings / thoughts as the bio-feedback tool, it is possible to build up a greater awareness of how you can relate to the site. It is vital to just allow any sensations to pass through your awareness without judgement or identification.

If there is any stress held and associated in the land, make your body / nervous system / heart available to be a release valve for that stress. Do not indulge the very human desire to create a story or drama around these sensations, unless it feels appropriate to do so and share these stories with the client.

In effect you are building up a quite intimate connection with the land / site, which will serve the eventual design and how the building relates to the desires and requirements of the site. It can be referred to as Space Clearing, and is an important stage in the unfolding memory of the land and its intended inhabitants.

For more information on learning these skills see [www.ericdowsett.com](http://www.ericdowsett.com)

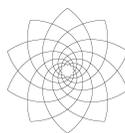
Allow for fresh information / images to pop into your awareness after you clear, or make yourself available through compassion, for the energies of the land that require 'sorting'.



It then becomes much easier to begin to 'read' the site in terms of more obvious criteria, such as access, chi flow, orientation, weather patterns, neighbouring elements (other houses, building etc) and also likely 'external' limitations such as Planning requirements etc.

Initial Design Stage:

It is important to be relaxed about 'when' it is appropriate to actually sit down and draw the initial sketch designs. There is a perfect time for everything and I have learned not to push it when it does not seem to flow.



If the design concept is based on 'sharable' thoughts and feelings, and fuelled by a sense of service and not EGO, then I find that what emerges is a good representation of what I / the client / and the land need most at this moment.

In truth the initial sketch proposals are accepted with virtually no changes or alterations over 80% of the time. The remaining 20% of the time, the client either moves on or they explore other options for a time, only to return to this original concept.

Sometimes all that was required was the actual 'seeing' of the design, and that was enough to shift the client out of their perceptions, and allowed them to explore more of what is possible in their life. For instance, sometimes a person who would like a small kitchen extension may in fact be wanting to address how and what they eat, and how they can get more 'lifeforce' or essence into their diet and their bodies. They may not have had the language or experience to look into how that might be recognised and achieved, but their unconscious awareness may have orchestrated the whole house extension idea, to bring them closer to this desire.

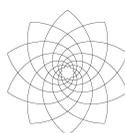
Sometimes the mere possibility of creating a new space may release crippling illusions such as poverty consciousness, lack of self love, lack of trust in the Universe etc. And the absorption of a design which may represent this yearning to remember who we truly are is all they need to shift in their lives.

As the designer it is imperative that you be aware of this possibility, and again release yourself from any attachment to the outcome, and to continue to deny your ego which may be trying to take any credit resulting from a 'positive' outcome. We are here to serve Creation, not limit it.

Geometric Building Matrix:

The Universe is a Unifield Field, which creates using shape and shape alone. In truth there is nothing necessary to name a 'thing' but its shape.

Nature uses shape and ratio effortlessly to connect all things.



The definition of life force can be that which has the ability to attract and self organise electrical charge. To become self aware is to have self reference. In terms of a building or a space, self awareness emerges when more and more waves of information can meet and agree to share the space non destructively. The physics of infinite compression are the physics of infinite compassion.

Certain ratios, spatial expressions and materials serve this desire of life: to know and love itself.

'Sacred' is a word used to describe 'sustainability'. A building can be considered sacred if all the various wavelengths of information can be attracted and held as a standing wave within the space.

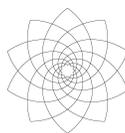
It is vital to the people who pay you that you learn how to design a good capacitor / building. Their space needs to be able to attract and hold capacitive charge density. It is the least you can do for them, and anything short of that does not serve life.

The original images that may have popped into your and the clients awareness during the initial meditation may serve now as a basis for the harmonic grid, that will be the energetic blueprint for the building. Again it is important to develop skill in allowing those images to present themselves geometrically.

Interpreting these matrices and playing with them may be viewed as a fun process, and in fact, only realises its self fully, when you release it and set it free.

Follow your dreams, and encourage your clients to do the same. Your dreams lead to your bliss and this in turn leads to your ability to self refer and become more self aware.

For more information refer to [www.soulinvitation.com](http://www.soulinvitation.com)



## Building Materials:

In light of the previous definition of what sustainability is, the choice of materials and visual expression take second space to the shape and volume of the space.

However, certain building materials can attract and hold charge better than others (such as timber, earth, limestone etc.)

Others actually fractionate and destroy charge (such as metals, chemicals, electro smog etc)

Choices need to be made based on the 'new' definition of what sustains life. The choice of heating the building and how the power needed to run the space is arranged and managed are also vital components in the creation of health / sacred space.

As a designer you are better able to serve your clients in particular and life in general when you embrace this realisation and definition of what life actually is.

## Final Words:

Ultimately, it is meaningless to describe myself as an architect or designer. To me architecture is a vehicle for me to be of serve to others to help them better realise who they are. In doing so I can in turn realise who I truly am. It provides me with opportunities to recognise and follow my dreams, which lead to my bliss, which will take me home.

